

# Specific and Non-Specific Defense Mechanism | Immunology

## Specific and Non-Specific Defense Mechanism Against Infectious Organisms within the Host !

After entering into the host tissues the infectious organisms multiply and may cause diseases.

There are some host defense mechanisms, which act against all the intruders immediately after their entry into the host; these defense mechanisms are non-specific in nature (i.e. these mechanisms can act against any infectious agent) and are usually less effective.

For any infectious agent the host raises specific immune responses (i.e. the immune responses induced against an infectious agent will act only against the agent against which the immune responses were induced) and such responses are very effective in eliminating the intruders. However, the development of specific immune responses during the first entry of

the agent takes time (about 7-10 days); and during that period the infectious agent may cause disease.

### **Non-Specific Defense Mechanisms:**

There are many non-specific defense mechanisms (i.e. the defense mechanisms are not restricted to a particular infectious agent; and the defense mechanisms act against any infectious agent) that act immediately after the entry of microbes into the host.

Many serum proteins, phagocytic cells, and inflammatory mediators released from the site of microbial infection act against the microbes.

i. From the site of bacterial infection the injured tissues release many inflammatory mediators. The inflammatory mediators as well as some of the microbial products initiate a local inflammatory response, leading to the accumulation of phagocytic cells and serum proteins at the infected site. The phagocytic cells, especially neutrophils engulf the bacteria and kill the bacteria.

ii. Acute phase proteins (such as C reactive protein) coat the surface of bacteria and lead to enhanced phagocytosis. Complement proteins initiate the

indirect pathway of complement activation and leads to bacterial lysis.

### **iii. Fever:**

The body temperature rises during infections. It is believed that fever is a host defense mechanism against infectious agents, though it is not yet proved. On the other hand, fever itself causes many undesirable effects on the host.

### **Specific Defense Mechanisms against Infectious Agents:**

The humoral and cell-mediated immune defense mechanisms induced against an infectious agent are specific in nature, i.e. the specific immune mechanisms act only against the microbe against which the responses were induced and not against other microbes.

### **Defense through Humoral Immune Responses:**

Antibodies and complement components are the important mediators of humoral immune responses. Binding of the Fab regions of antibodies with specific antigen epitopes on the surface of microbes initiates the humoral defense mechanisms against the microbes.

i. Binding of Fab regions of antibody with microbe initiates the classic complement pathway activation. The complement activation leads to the formation of pores on the cell wall of the microbe and consequently the microbe dies.

ii. Antibody molecules and the complement fragment C<sub>3</sub>b (formed during complement activation) also act as opsonins. The Fc regions of antibody and C<sub>3</sub>b have receptors on the macrophage membranes. After binding with the microbe, the Fc region of antibody and C<sub>3</sub>b bind to their respective receptors on macrophage membrane; thus the microbe is bridged to the macrophage by antibody and C<sub>3</sub>b. The macrophage engulfs the microbe and kills it.

iii. The complement components formed during complement activation play many important roles (such as chemotactic activity, opsonic activity, enhancement of phagocytosis, and pore forming activity) in the inflammatory response against the microbes.

iv. Toxins produced by certain bacteria (such as tetanus toxin produced by the bacteria Clostridium

tetani) are dangerous to the host. Anti- toxin antibodies are induced against the antigen epitopes on the surface of toxins. The anti toxin antibodies bind to toxin molecules and neutralize the biological effects of toxins.

### **Defense through Cell-mediated Immune Responses:**

Helper T cells are central to the development of specific immune responses against microbes.

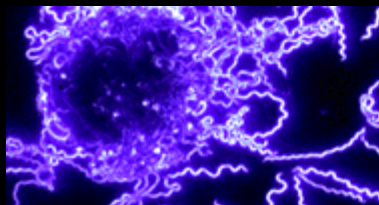
i. Helper T cells help the B lymphocytes for their activation. Thus helper T cells also play an important role in humoral responses mediated by antibodies.

ii. IFN $\gamma$  secreted by helper T cells activate macrophages and augment the phagocytic and intracellular killing activity of the macrophages.

iii. Helper T cells also augment the NK cell activity and thus play important role in fight against viral infections.

iv. Helper T cells help the activation of cytotoxic T cells and thus they help in the killing of viral infected cells.

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## TEACHING OBJECTIVES

To describe the nature of Ag-Ab reactions

To compare and contrast antibody affinity and avidity

To delineate the basis for antibody specificity and cross reactivity

To discuss the principles of commonly used tests for antigen/antibody reactions



Figure 1

## KEY WORDS

Affinity  
Avidity  
Specificity  
Cross reactivity  
Agglutination  
Hemagglutination  
Agglutinin  
Titer  
Prozone  
Passive hemagglutination  
Direct Coomb's test  
Indirect Coomb's test  
Hemagglutination inhibition  
Equivalence point  
Antibody excess  
Antigen excess  
Radial immunodiffusion

# IMMUNOGLOBULINS- ANTIGEN-ANTIBODY REACTIONS AND SELECTED TESTS

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## NATURE OF ANTIGEN-ANTIBODY REACTIONS

### Lock and Key Concept

The combining site of an antibody is located in the Fab portion of the molecule and is composed of [regions](#) of the heavy and light chains. X-Ray crystallography studies of antigen-antibody complexes have shown that antigenic determinant nestles in a cleft formed by the combining site of the antibody. The concept of antigen-antibody reactions is one of a key (*i.e.* the antigen) which fits in

### Non-covalent Bonds

The bonds that hold the antigen to the antibody combining site are all non-covalent bonds, [electrostatic bonds](#), [Van der Waals forces](#) and [hydrophobic bonds](#). Multiple non-covalent bonds ensure that the antigen will be bound tightly to the antibody.

### Reversibility

Since antigen-antibody reactions occur via non-covalent bonds, they are by their nature reversible.

## AFFINITY AND AVIDITY

### Affinity

Antibody affinity is the strength of the reaction between a single antigenic determinant and a single antibody. It is the sum of the attractive and repulsive forces operating between the antigen and the combining site of the antibody as illustrated in Figure 2.

Affinity is the equilibrium constant that describes the antigen-antibody reaction as follows:  $K = \frac{[AB]}{[A][B]}$ . Antibodies that have a high affinity for their antigens.

### Avidity

Avidity is a measure of the overall strength of binding of an antigen with many antibodies. Avidity is influenced by both the valence of the antibody and the valence of the antigen.

Immunoelectrophoresis  
 Countercurrent  
 immunoelectrophoresis  
 Radioimmunoassay  
 Enzyme linked  
 immunosorbent assay  
 Competitive RIA/ELISA  
 Noncompetitive RIA/ELISA  
 Immunofluorescence  
 Flow cytometry  
 Complement fixation



Figure 2

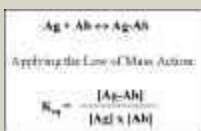


Figure 3



Figure 4



Figure 5



Figure 6

sum of the individual affinities. This is illustrated in Figure 4.

To repeat, affinity refers to the strength of binding between a single antigenic determinant and a single antibody combining site whereas avidity refers to the overall strength of binding between a multivalent antigen and a multivalent antibody.

## SPECIFICITY AND CROSS REACTIVITY

### Specificity

Specificity refers to the ability of an individual antibody combining site to react with only one antigenic determinant. It is the ability of a population of antibody molecules to react with only one antigen. In general, the more specific the antigen-antibody reactions. Antibodies can distinguish differences in:

- The primary structure of an antigen
- Isomeric forms of an antigen
- Secondary and tertiary structure of an antigen

### Cross reactivity

Cross reactivity refers to the ability of an individual antibody combining site to react with more than one antigenic determinant or the ability of a population of antibody molecules to react with more than one antigen. Cross reactions can arise. Cross reactions arise because the cross reacting antigen is a different immunizing antigen or because it has an epitope which is structurally similar to one of the immunizing antigens (multispecificity).

## TESTS FOR ANTIGEN-ANTIBODY REACTIONS

### Factors affecting measurement of antigen-antibody reactions

The only way that one knows that an antigen-antibody reaction has occurred is to detect the complexes formed between the antigen and antibody. The ease with which these complexes can be detected will depend on a number of factors.

#### Affinity

The higher the affinity of the antibody for the antigen, the more stable will be the interaction. The more stable the interaction, the easier it can detect the interaction is enhanced.

#### Avidity

Reactions between multivalent antigens and multivalent antibodies are more stable than reactions between monovalent antigens and monovalent antibodies.

#### Antigen to antibody ratio

The ratio between the antigen and antibody influences the detection of antigen-antibody reactions. The ratio of antigen to antibody complexes formed is related to the concentration of the antigen and antibody. This is illustrated in Figure 6.

#### Physical form of the antigen

The physical form of the antigen influences how one detects its reaction with an antibody. This is illustrated in Figure 7.





Figure 7



Figure 8



Figure 9

generally looks for agglutination of the antigen by the antibody. If the antigen is so precipitation of the antigen after the production of large insoluble antigen-antibody

## Agglutination Tests

### Agglutination/Hemagglutination

When the antigen is particulate, the reaction of an antibody with the antigen can be the antigen. The general term agglutinin is used to describe antibodies that agglutinate antigen. If the antigen is an erythrocyte the term [hemagglutination](#) is used. All antibodies can agglutinate but IgM, due to its high valence, is particularly good agglutinin and one sometimes refers to the IgM class if it is a good agglutinating antibody.

### Qualitative agglutination test

Agglutination tests can be used in a qualitative manner to assay for the presence of an antibody. A sample of antibody is mixed with the particulate antigen and a positive test is indicated by the formation of a visible clump (Figure 7).

For example, a patient's red blood cells can be mixed with antibody to a blood group antigen. In a second example, a patient's serum is mixed with red blood cells of a known blood type to determine the presence of antibodies to that blood type in the patient's serum.

### Quantitative agglutination test

Agglutination tests can also be used to measure the level of antibodies to a particular antigen. A sample of a sample to be tested for antibody and then a fixed number of red blood cells of a known blood type and a fixed amount of particulate antigen is added. Then the maximum dilution that gives agglutination is determined. The dilution that gives visible agglutination is called the [titer](#). The results are reported as the reciprocal of the highest dilution giving visible agglutination. Figure 8 illustrates a quantitative hemagglutination test.

**Prozone effect** - Occasionally, it is observed that when the concentration of antibody is very high, no agglutination occurs. As the sample is diluted, agglutination occurs (See Patient Blood Grouping). This lack of agglutination at high concentrations of antibodies is called the [prozone](#) effect. Lack of agglutination at low concentrations of antibodies is called the [postzone](#) effect. Excess resulting in very small complexes that do not clump to form visible agglutination.

### Applications of agglutination tests

- Determination of blood types or antibodies to blood group antigens.
- To assess bacterial infections

e.g. A rise in titer of an antibody to a particular bacterium indicates an infection with that bacterium. A rise in titer is generally taken as a significant rise in antibody titer.

### Practical considerations

Although the test is easy to perform, it is only semi-quantitative.

### Passive hemagglutination

The agglutination test only works with particulate antigens. However, it is possible to use a soluble antigen (e.g. viral antigen, a polysaccharide or a hapten) and use the coated red blood cells to agglutinate the antibody to the soluble antigen (Figure 9). This is called passive hemagglutination. Applications include detection of antibodies to soluble antigens and antigens.



Figure 10



Figure 11

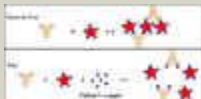


Figure 12

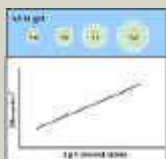


Figure 13

## Coomb's Test (Antiglobulin Test)

### Direct Coomb's Test

When antibodies bind to erythrocytes, they do not always result in agglutination. The ratio being in antigen excess or antibody excess or in some cases electrical charge preventing effective cross linking of the cells. These antibodies that bind to but do not cause agglutination are sometimes referred to as incomplete antibodies. In no way is this meant to indicate structure, although this was once thought to be the case. Rather, it is a functional issue. In the presence of non-agglutinating antibodies on red blood cells, one simply adds a second anti-immunoglobulin (antibody) coating the red cells. This anti-immunoglobulin can now cause agglutination. This test is illustrated in Figure 10 and is known as the [Direct Coombs Test](#).

### Indirect Coomb's Test

If it is necessary to know whether a serum sample has antibodies directed against red blood cells, to be sure that you also detect potential non-agglutinating antibodies in the sample, an Indirect Coombs test is performed (Figure 11). This test is done by incubating the red blood cells with the serum sample and then adding a second anti-immunoglobulin reagent to cross link the cells.

### Applications

These include detection of anti-[rhesis factor \(Rh\)](#) antibodies. Antibodies to the Rh factor are found on red blood cells. Thus, red cells from Rh<sup>+</sup> children born to Rh<sup>-</sup> mothers, who have anti-Rh antibodies. To check for this, a direct Coombs test is performed. To see if the mother has anti-Rh antibodies, an Indirect Coombs test is performed.

### Hemagglutination Inhibition

The agglutination test can be modified to be used for the measurement of soluble antigens. It is called hemagglutination inhibition because one must inhibit the agglutination of antigen-coated red blood cells by antibodies. In this test, the antigen in question is mixed with a fixed amount of red blood cells coated with the antibodies (see above). Also included in the mixture are different amounts of the sample to be analyzed. If the sample contains the antigen, the soluble antigen will compete with the antigen on the cells for the antibodies, thereby inhibiting the agglutination of the red blood cells. as illustrated in Figure 12.

By serially diluting the sample, you can quantitate the amount of antigen in your unknown sample. This test is generally used to quantitate soluble antigens and is subject to the same practical limitations as the agglutination test.

## Precipitation tests

### Radial Immunodiffusion (Mancini)

In radial immunodiffusion antibody is incorporated into the agar gel as it is poured. Antigen is placed in holes punched into the agar. As the antigen diffuses into the gel, it reacts with the antibody. When the equivalence point is reached a ring of precipitation is formed as illustrated in Figure 13.

The diameter of the ring is proportional to the log of the concentration of antigen in the sample. Thus, by running different concentrations of a standard antigen one can generate a standard curve. By quantitating the amount of an antigen in an unknown sample. Thus, this is a quantitative test. If more than one antigen/antibody reaction has occurred. This could be detected by running a control. This test is commonly used in the clinical laboratory for the determination of immunoglobulin levels.



Figure 14



Figure 15

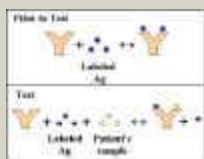


Figure 16



Figure 17

## Immunoelectrophoresis

In immunoelectrophoresis, a complex mixture of antigens is placed in a well punched out of an agar gel and antibodies are added. As the antibodies diffuse into the agar, precipitin lines form where an antigen/antibody reaction occurs as illustrated in Figure 14.

This test is used for the qualitative analysis of complex mixtures of antigens, although the thickness of the line can be obtained. This test is commonly used for the analysis of serum. Serum is placed in the well and antibody to whole serum in the trough. By comparing the thickness of the lines, one can determine whether there are deficiencies on one or more serum components or whether a particular serum component (thickness of the line). This test can also be used to evaluate

## Countercurrent electrophoresis

In this test the antigen and antibody are placed in wells punched out of an agar gel and are electrophoresed into each other where they form a precipitation line as illustrated in Figure 15. Under conditions can be found where the antigen and antibody have opposite charges. The thickness of the band you can get some measure of quantity. Its major application

## Radioimmunoassay (RIA)/Enzyme Linked Immunosorbent Assay (ELISA)

Radioimmunoassays (RIA) are assays that are based on the measurement of radioactivity in antigen-antibody complexes. In any particular test, the label may be on either the antigen or the antibody. Enzyme Linked Immunosorbent Assays (ELISA) are those that are based on the measurement of an enzymatic reaction in antigen-antibody complexes. In any particular assay, the enzyme may be linked to either the antigen or the antibody.

## Competitive RIA/ELISA for Ag Detection

The method and principle of RIA and ELISA for the measurement of antigen is shown in Figure 16. In any particular test, one can generate a standard curve relating the amount of antigen to the amount of antigen. From this standard curve, one can determine the amount of antigen in a sample.

The key to the assay is the separation of the immune complexes from the remaining free antigen and antibody. This is accomplished in many different ways and serves as the basis for the names given to the assays.

## Precipitation with ammonium sulphate

Ammonium sulphate (33 - 50% final concentration) will precipitate immunoglobulin-antigen complexes. This has been called the 'salting out' method.

## Anti-immunoglobulin antibody

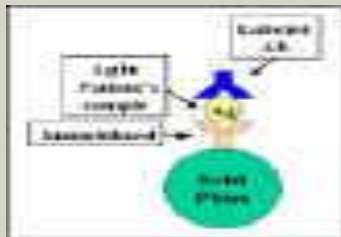
The addition of a second antibody directed against the first antibody can result in the precipitation of the immune complexes and thus the separation of the complexes from free antigen.

## Immobilization of the Antibody

The antibody can be immobilized onto the surface of a plastic bead or coated onto a solid phase. The immune complexes can easily be separated from the other components by simply washing the solid phase (Figure 17). This is the most common method used today and is referred to as Solid phase immunoassay. Competitive RIA and ELISA are commonly used to quantitate serum proteins, hormones, and drugs.



Figure 18



19

Figure

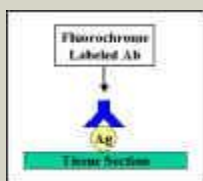


Figure 20

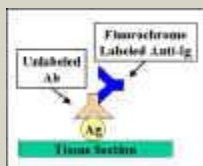


Figure 21

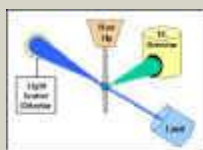


Figure 22



Figure 23



Figure 24



PowerPoint animation of figure

### Non-competitive RIA/ELISA for Ag or Ab

Non-competitive RIA and ELISAs are also used for the measurement of antigens and antibodies. In RIA, a known amount of antigen is coated with the antigen and is used for the detection of antibody in the unknown sample. The amount of antibody bound is related to the amount of antibody in the unknown sample. This is a measurement of antibodies of the IgE class directed against particular allergens by using anti-IgE antibodies as the labeled reagent. It is called the RAST test (radioallergen sorbent test). In ELISA, a known amount of antigen is coated with antibody and is used to measure an unknown antigen. The amount of antigen bound is proportional to the amount of antigen that bound to the first antibody.

### Tests for Cell Associated Antigens

#### Immunofluorescence

Immunofluorescence is a technique whereby an antibody labeled with a fluorescent dye (one of many other fluorescent dyes) is used to detect the presence of an antigen in a tissue section. The fluorescence emitted by the bound antibody is measured.

#### Direct Immunofluorescence

In direct immunofluorescence, the antibody specific to the antigen is directly tagged with a fluorescent dye.

#### Indirect Immunofluorescence

In indirect immunofluorescence, the antibody specific for the antigen is unlabeled. A second antibody directed toward the first antibody is tagged with the [fluorochrome](#) (Figure 21). This method is more sensitive than direct immunofluorescence since there is amplification of the signal.

#### Flow Cytometry

Flow cytometry is commonly used in the clinical laboratory to identify and enumerate cells. Cells in suspension are labeled with a fluorescent tag by either direct or indirect immunofluorescence. The cells are then analyzed on the flow cytometer.

Figure 22 illustrates the principle of flow cytometry. In a flow cytometer, the cells pass through a laser beam. The amount of laser light that is scattered off the cells as they pass through the beam gives information concerning the size of the cells. In addition, the laser can excite the fluorescent tag on the cells and the fluorescent light emitted by the cells can be measured by one or more detectors.

The type of data that is obtained from the flow cytometer is shown in Figure 23. In a histogram, the amount of fluorescence (e.g. green fluorescence) is plotted on the x axis and the number of cells is plotted on the y axis. The fraction of cells that are fluorescent can be determined by the area under the curve. In a two parameter histogram, the x axis is one parameter (e.g. red fluorescence) and the y axis is the second parameter (e.g. green fluorescence). The number of cells is indicated by the height of the curve.

### Complement Fixation

Antigen/antibody complexes can also be measured by their ability to fix complement. Complement is a group of proteins that will "consume" complement if it is present, whereas free antigens or antibodies do not. Antigen/antibody complexes that rely on the consumption of complement are termed complement fixing.

24 of this figure

antigen/antibody reactions. This test will only work with complement fixing antibodies.

The principle of the complement fixation test is illustrated in Figure 24. Antigen is mixed with antibody and antigen/antibody complexes are allowed to form. A control tube is also prepared. If no antigen/antibody complexes are present in the tube, none of the complement is fixed. If antigen/antibody complexes are present, they will fix complement and thereby red blood cells will not be lysed. After allowing complement fixation by any antigen/antibody complexes, a standard amount of antigen/antibody complexes, a standard amount of antigen/antibody complexes have been pre-coated with anti-erythrocyte antibodies is added. The amount of antigen/antibody complexes is predetermined to be just enough to completely use up all the complement initially present. If complement was still present (i.e. no antigen/antibody complexes formed between antigen and antibody), the red cells will be lysed. If antigen/antibody complexes are formed between the antigen and antibody, the complement will be consumed and, thus, when the antibody-coated red cells are added, they will not be lysed. Simply measuring the amount of red cell lysis by measuring the release of hemoglobin from the red cells is a quantitative antigen/antibody complexes in the tube. Complement fixation tests are used to measure antibody in a test sample but they can be modified to measure antigen.



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